



Technical Information:	<b>Real Food Blends™</b> Item 78185: Turkey, Sweet Potatoes & Peaches Enteral Feeding Liquid Meal
Description	Real Food Blends™ Turkey, Sweet Potatoes & Peaches is a pre-packaged pureed food meal that is fed via feeding tube. Each 9.4-ounce pouch yields an 8-fluid ounce serving (237ml) delivering 14 grams protein, 19 grams fat and 23 grams of carbohydrate in 320 calories.
Ingredients	Sweet Potatoes, Peaches, Cooked Turkey, Water, Olive Oil, Green Beans
Caloric Distribution	<b>18%</b> calories from protein <b>29%</b> calories from carbohydrate <b>53%</b> calories from fat
Protein Source	<b>Turkey</b>
Carbohydrate Source	Sweet Potatoes, Peaches, Green Beans
Fat Source	Olive Oil, Turkey
Water Content	62%
Fiber / Source	4g per serving / Sweet Potatoes, Peaches, Green Beans
Allergens	<b>No</b> <ul style="list-style-type: none"> <li>Manufactured in a facility that processes: egg, fish, wheat, milk, shellfish, soy, and tree nuts (almonds)</li> </ul>
Gluten Free	Not tested. Does not contain gluten ingredients.
Lactose Content	0
Phenylalanine	645 mg/ serving
Contraindications	<ul style="list-style-type: none"> <li>Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient.</li> <li>Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.</li> </ul>
Kosher	No
Halal Certified	No
User Instruction	<i>Use as directed by your Health Care Professional</i> <ul style="list-style-type: none"> <li>Bolus - Packaged ready to use. May consume orally.</li> <li>Gravity or pump administration - Add 2-4 ounces of liquid as needed to reduce viscosity.</li> <li>Refrigerate any unused portion and use within 24 hours.</li> <li>Flush tube with water after each feeding.</li> </ul>
Nutritional Applications	<i>May help address feeding intolerance for those exhibiting the following symptoms:</i> <ul style="list-style-type: none"> <li>Gagging/Retching</li> <li>Vomiting</li> <li>Constipation</li> <li>Failure to thrive</li> <li>Diarrhea</li> <li>Bloating/Distension</li> </ul>
Free from	Soy, corn, dairy, peanuts, and artificial color/flavor
Shelf Life	3 years from date of manufacture, unopened, at room temperature

As with any real food product, variations in caloric and nutrient levels should be expected due to growing conditions. If a specific medical condition requires precise nutrient levels please discuss with your medical team before using Real Food Blends meals.



## NUTRITION INFORMATION<sup>1</sup>

	Measure	9.4 oz / 267 g (237 mL single serving)	Per 1000 mL
<b>Calories</b>		<b>320</b>	<b>1,350</b>
<b>Nutrients</b>			
Protein	g	14	59.53
Carbohydrate	g	23.5	99.1
Fiber	g	4.5	19
Sugars	g	9	38
Added Sugars	g	0	0
Total Fat	g	19	80.58
Saturated Fat	g	3.2	13.5
Monounsaturated Fat	g	13.3	56
Polyunsaturated Fat	g	3.25	13.7
Trans Fat	g	0.02	0.08
Cholesterol	mg	54.48	229.85
<b>Vitamins</b>			
Vitamin A (RAE)	mcg	856	3611
Vitamin C	mg	73	309
Vitamin D	mcg	0.14	0.59
Vitamin E	mg		
Thiamin (B <sub>1</sub> )	mg	0.113	0.477
Riboflavin (B <sub>2</sub> )	mg	0.172	0.726
Vitamin B <sub>6</sub>	mg	0.51	2.15
Vitamin B <sub>12</sub>	mcg	0.694	2.93
Niacin (B <sub>3</sub> )	mg	5.157	21.76
Pantothenic Acid (B <sub>5</sub> )	mg	1.252	5.28
Folate	mcg	12.05	50.83
Vitamin K	mcg	17.75	74.91
<b>Minerals</b>			
Sodium	mg (mEq)	82 (3.57)	347 (15.1)
Potassium	mg (mEq)	664 (17)	2801 (71.82)
Calcium	mg	50	209
Phosphorus	mg (mEq)	170 (11)	717 (46.3)
Magnesium	mg (mEq)	37.87 (3.12)	160 (13.17)
Iodine	mcg		
Copper	mg	0.187	0.79
Zinc	mg	1.858	7.84
Iron	mg	1.44	6.08
Manganese	mg	0.339	1.43
Selenium	mcg	16.39	69
Free Water	mL	147	620

<sup>1</sup>Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.



## ORDERING INFORMATION

Real Food Blends™ Meal	Item#	Each UPC	Case UPC	First Data NDC Format	MediSpan NDC Format	Truven Health Red Book
<b>Orange Chicken, Carrots &amp; Brown Rice</b> 12 x 9.4 oz. Pouches / Case	49746	0 82045 49746 5	7 3066944966 6	Unit: 82045-0497-46 Case: 30669-0449-66	---- 30669-44966	82045-049746 ----
<b>Salmon, Oats &amp; Squash</b> 12 x 9.4 oz. Pouches / Case	49747	0 82045 49747 2	7 3066944967 3	Unit: 82045-0497-47 Case: 30669-0449-67	---- 30669-44967	82045-049747 ----
<b>Quinoa Kale &amp; Hemp</b> 12 x 9.4 oz. Pouches / Case	49748	0 82045 49748 9	7 3066944968 0	Unit: 82045-0497-48 Case: 30669-0449-68	---- 30669-44968	82045-049748 ----
<b>Beef, Potatoes &amp; Spinach</b> 12 x 9.4 oz. Pouches / Case	49749	0 82045 49749 6	7 3066944969 7	Unit: 82045-0497-49 Case: 30669-0449-69	---- 30669-44969	82045-049749 ----
<b>Eggs, Apples &amp; Oats</b> 12 x 9.4 oz. Pouches / Case	49750	0 82045 49750 2	7 1641778184 4	Unit: 82045-0497-50 Case: 16417-0781-84	---- 16417-78184	82045-049750 ----
<b>Turkey, Sweet Potatoes &amp; Peaches</b> 12 x 9.4 oz. Pouches / Case	78185	7 16417 78185 1	7 1641778186 8	Unit: 16417-0781-85 Case: 16417-0781-86	---- Requested	16417-78185 ----